

# APRIL 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> 3:20pm - 5:00pm Workout	<b>2</b> 6:00am - 7:30am Workout	<b>3</b> 3:20pm - 5:00pm Workout	<b>4</b> 6:00am - 7:30am Workout	<b>5</b> 3:20pm - 5:00pm Workout	<b>6</b>
<b>7</b> 6 PM - 7:30PM Football Install	<b>8</b> 3:20pm - 5:00pm Workout	<b>9</b> 6:00am - 7:30am Workout	<b>10</b> 3:20pm - 5:00pm Workout	<b>11</b> 6:00am - 7:30am Workout	<b>12</b> 3:20pm - 5:00pm Workout	<b>13</b>
<b>14</b> 6 PM - 7:30PM Football Install	<b>15</b> 3:20pm - 5:00pm Workout	<b>16</b> 6:00am - 7:30am Workout	<b>17</b> SPRING BREAK	<b>18</b> SPRING BREAK	<b>19</b> SPRING BREAK	<b>20</b> SPRING BREAK
<b>21</b> EASTER	<b>22</b> SPRING BREAK	<b>23</b> 6:00am - 7:30am Workout	<b>24</b> 3:20pm - 5:00pm Workout	<b>25</b> 6:00am - 7:30am Workout	<b>26</b> 3:20pm - 5:00pm Workout	<b>27</b>
<b>28</b> 6 PM - 7:30PM Football Install  Chipotle 4:00pm - 8:00pm	<b>29</b> 3:20pm - 5:00pm Workout	<b>30</b> 6:00am - 7:30am Workout				
 <b>LEBO FOOTBALL</b> TRADITION OF EXCELLENCE						


 Training & Practice


 Fundraising

 Games

# MAY 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>1</b> 3:20pm - 5:00pm Workout	<b>2</b> 6:00am - 7:30am Workout	<b>3</b> 3:20pm - 5:00pm Workout	<b>4</b>
<b>5</b> 6 PM - 7:30PM Football Install	<b>6</b> 3:20pm - 5:00pm Workout	<b>7</b> 6:00am - 7:30am Workout	<b>8</b> 3:20pm - 5:00pm Workout	<b>9</b> 6:00am - 7:30am Workout Top Golf 5:00-9:00	<b>10</b> 3:20pm - 5:00pm Workout	<b>11</b>
<b>12</b> MOTHER'S DAY NO TRAINING	<b>13</b> 3:20pm - 5:00pm Workout	<b>14</b> 6:00am - 7:30am Workout	<b>15</b> 3:20pm - 5:00pm Workout	<b>16</b> 6:00am - 7:30am Workout	<b>17</b> 3:20pm - 5:00pm Workout	<b>18</b>
<b>19</b> 6 PM - 7:30PM Football Install	<b>20</b> 3:20pm - 5:00pm Workout	<b>21</b> 6:00am - 7:30am Workout	<b>22</b> 3:20pm - 5:00pm Workout	<b>23</b> 6:00am - 7:30am Workout	<b>24</b> 3:20pm - 5:00pm Workout	<b>25</b>
<b>26</b> NO TRAINING	<b>27</b> MEMORIAL DAY	<b>28</b> 6:00am - 7:30am Workout	<b>29</b> 3:20pm - 5:00pm Workout	<b>30</b> 6:00am - 7:30am Workout	<b>31</b> 3:20pm - 5:00pm Workout	
 <b>LEBO FOOTBALL</b> TRADITION OF EXCELLENCE						

 Training & Practice


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# JUNE 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Lebo Card Drive
2	3 NO TRAINING	4 NO TRAINING	5 NO TRAINING	6 NO TRAINING GRADUATION	7 NO TRAINING	8
9	10 NO TRAINING	11 NO TRAINING	12 NO TRAINING LAST DAY FOR STUDENTS	13 NO TRAINING	14 NO TRAINING	15
16	17 WEEK #1 7:15 AM - 12:15 PM	18 WEEK #1 7:15 AM - 12:15 PM	19 WEEK #1 7:15 AM - 12:15 PM	20 WEEK #1 7:15 AM - 12:15 PM	21 NO TRAINING	22
23	24 WEEK #2 7:15 AM - 12:15 PM	25 WEEK #2 7:15 AM - 12:15 PM	26 WEEK #2 7:15 AM - 12:15 PM	27 WEEK #2 7:15 AM - 12:15 PM	28 NO TRAINING	29
30	 <b>LEBO FOOTBALL</b> TRADITION OF EXCELLENCE					

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# JULY 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> WEEK #3 7:15 AM - 12:15 PM	<b>2</b> WEEK #3 7:15 AM - 12:15 PM	<b>3</b> WEEK #3 7:15 AM - 12:15 PM	<b>4</b> NO TRAINING	<b>5</b>	<b>6</b>
<b>7</b>	<b>8</b> WEEK #4 7:15 AM - 12:15 PM	<b>9</b> WEEK #4 7:15 AM - 12:15 PM	<b>10</b> WEEK #4 7:15 AM - 12:15 PM	<b>11</b> WEEK #4 7:15 AM - 12:15 PM	<b>12</b>	<b>13</b>
<b>14</b>	<b>15</b> WEEK #5 7:15 AM - 12:15 PM	<b>16</b> WEEK #5 7:15 AM - 12:15 PM	<b>17</b> WEEK #5 7:15 AM - 12:15 PM	<b>18</b> WEEK #5 7:15 AM - 12:15 PM	<b>19</b>	<b>20</b>
<b>21</b>	<b>22</b> WEEK #6 7:15 AM - 12:15 PM	<b>23</b> WEEK #6 7:15 AM - 12:15 PM	<b>24</b> WEEK #6 7:15 AM - 12:15 PM	<b>25</b> WEEK #6 7:15 AM - 12:15 PM	<b>26</b>	<b>27</b>
<b>28</b>	<b>29</b> WEEK #7 7:15 AM - 12:15 PM	<b>30</b> WEEK #7 7:15 AM - 12:15 PM	<b>31</b> WEEK #7 7:15 AM - 12:15 PM			
						


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# AUGUST 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<b>1</b> WEEK #7 7:15 AM - 12:15 PM	<b>2</b>	<b>3</b>
<b>4</b>	<b>5</b> HEAT ACCLIMATIZATION 7 AM - 3 PM	<b>6</b> HEAT ACCLIMATIZATION 7 AM - 3 PM	<b>7</b> HEAT ACCLIMATIZATION 7 AM - 3 PM	<b>8</b> HEAT ACCLIMATIZATION 7 AM - 3 PM	<b>9</b> HEAT ACCLIMATIZATION 7 AM - 3 PM	<b>10</b>
<b>11</b> TEAM PICTURE DAY TIME - TBD	<b>12</b> CAMP 6:30 AM - 7:30 PM	<b>13</b> CAMP 6:30 AM - 7:30 PM	<b>14</b> CAMP 6:30 AM - 7:30 PM	<b>15</b> CAMP 6:30 AM - 7:30 PM	<b>16</b> CAMP 6:30 AM - 7:30 PM	<b>17</b> SCRIMMAGE vs Baldwin 10:00 am
<b>18</b>	<b>19</b> PRACTICE TIME - TBD	<b>20</b> PRACTICE TIME - TBD	<b>21</b> PRACTICE TIME - TBD	<b>22</b> PRACTICE TIME - TBD	<b>23</b> @ Gateway 7:30 pm	<b>24</b> JV vs Gateway 10am  VARSITY TRAINING 7AM - 10 AM
<b>25</b>	<b>26</b> 1ST DAY of SCHOOL	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b> @ Canon Mac 7:30 pm	<b>31</b> JV vs Canon Mac 10 AM  VARSITY TRAINING 7AM - 10 AM
 <b>LEBO FOOTBALL</b> <i>TRADITION OF EXCELLENCE</i>						

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# SEPTEMBER 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6 vs Butler 7:30 pm	7 JV @ Butler 10am
8	9	10	11	12	13 vs Seneca Valley 7:30 pm	14 JV @ Seneca Valley 10am
15	16	17	18	19	20 @ N. Allegheny 7:30 pm	21 JV vs N. Allegheny 10am
22	23	24	25	26	27 vs Hempfield 7:30 pm	28 @ Hempfield 10am
29	30					
		 <b>LEBO FOOTBALL</b> <i>TRADITION OF EXCELLENCE</i>				

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# OCTOBER 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4 @ USC 7:30 pm	5 JV vs USC 10am
6	7	8	9	10	11 vs Pine Richland 7:30 pm	12 JV @ Pine Richland 10am
13	14	15	16	17	18 @ Norwin 7:30 pm	19 JV vs Norwin 10am
20	21	22	23	24	25 vs Central Catholic 7:30 pm	26 JV @ Central Catholic 10am
27	28	29	30	31		
		 <b>LEBO FOOTBALL</b> <i>TRADITION OF EXCELLENCE</i>				


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# NOVEMBER 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
		 <b>LEBO FOOTBALL</b> <i>TRADITION OF EXCELLENCE</i>				

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# DECEMBER 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				
		 <b>LEBO FOOTBALL</b> <i>TRADITION OF EXCELLENCE</i>				

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